

CHURCH SERVICES IN THE MINISTRY AREA OF BRO ARWYSTLI IN MARCH							
Date	Carno	Llandinam	Llangurig	Llanidloes	Llanwnnog	Penstrowed	Trefeglwys
3 <sup>rd</sup> March Lent 3	11.00 am Service in Carno to celebrate St David's Day - Steve 4.00 pm Evensong in Llangurig – Beth 6.00 pm HC in Trefeglwys - Lynda						
10 <sup>th</sup> March Lent 4/ Mothering Sunday	9.30 am FS Lauris, Julia Christoph		11.00 am HC Beth	11.00 am FS Lauris, Julia Christoph	11.00 am Sung HC Peter		11.00 am HC Alison
17 <sup>th</sup> March Lent 5	9.30 am HC Steve	11.00 am HC Steve		11.00 am HC Alison			11.00 am MW Lynda
24 <sup>th</sup> March Lent 6 Palm Sunday	9.30 am MW Alison		5.00 pm Evensong Beth	11.00 am Steve		11.00 am Alison	
31 <sup>st</sup> March Easter Day	9.30 am HC Alison	11.00 am HC Hilary	11.00 am HC Beth	11.00 am HC Steve	11.00 am HC Peter		11.00 am HC Anthony
Please note that services may be cancelled without much notice under the present circumstances.							
Key: HC – Holy Communion MP – Morning Praise							

## Bro Arwystli Ministry Area



### March 2024

#### Seven Churches – One Family

St John's – Carno                      St Gwrhai's – Penstrowed  
 St Idloes' – Llanidloes              St Llonio's – Llandinam  
 St Curig's – Llangurig                St Michael's – Trefeglwys  
 St Gwynog's – Llanwnnog with Caersws

## Welcome to our newsletter for March 2024

“Be joyful, keep the faith and do the little things”

This March we celebrate St David’s Day, his mother Non and St Patrick, amongst others, and of course there is Palm Sunday, Holy Week, Good Friday, Holy Saturday and Easter Sunday. There is the opportunity to observe services on all of those days at a church in the ministry area. This may, of course, necessitate car-sharing and travelling to a church other than the one that you are used to worshipping at – give it a go, experience something different this Lent and Easter-tide. It might change you in ways that you never expect.

During the season of Lent, many people give up things such as alcohol, or take up things, such as reading the bible. For an alternative, it was good to read in the latest Y Ddolen – on the Bangor Diocesan website – things that Pope Francis suggested we give up; so much so that I have written them in this newsletter, take a look and see what you think. They may seem like little things, but done well, will make a great difference.

In Holy Week, we will once again travel with Jesus and his disciples from his triumphal journey into Jerusalem on Palm Sunday; to the last supper and then on to the foot of the cross, where we will once again “witness” the death of Jesus. Then there will be much rejoicing on Easter Sunday as we see the empty tomb and encounter the Risen Jesus - who died for us, so that we could share in his life.

Christ is Risen, let us rejoice and be glad, alleluia!

Christ is Risen, He is Risen indeed, Alleluia!

I hope that this Easter you are blessed by God and will shine with the light of the Holy Spirit.

Every blessing, Rev Alison

To arrange Baptisms, Weddings or for any other pastoral matters please contact:

The Revd Alison Gwalchmai  
Tel: 01686 689142 or 07789 860066  
e-mail: [alisongwalch@gmail.com](mailto:alisongwalch@gmail.com)

The Revd Steve Leyland  
Tel: 01686 245231  
e-mail: [revsteveleyland@gmail.com](mailto:revsteveleyland@gmail.com)

### MINISTRY TEAM:

Lauris Palshis  
Revd. Alan Chiplin  
Venerable Dr. Peter Pike  
Revd. Hilary Morgan  
Liz Green

Julia and Christoph Schultz  
Revd. Lynda Cowan  
Revd. Beth Weston  
Debbie Peck  
Fr Anthony Hirst

### MINISTRY AREA WARDENS:

Kevin Challinor 412308

### CHURCHWARDENS:

Carno: Linda Rollin  
420762

Llandinam: Jim Preston  
688807

Linda Evans  
688043

Llangurig: Michael Dean  
440280

Philip Taylor  
07837 088215

Llanidloes: Christine Bryant  
420692

Llanwnnog with Caersws Carol Green  
07773 032631

Helen Green  
07787 807777

Penstrowed: Rikki Renshaw  
627448

Helen Orrells  
07975 643731

Trefeglwys: Philip Jerman  
430237

Kevin Challinor  
412308

### SAFEGUARDING OFFICER:

Beth Hughes 688484

dolerw@yahoo.co.uk

## Lilies for Easter



St Llonio's and St Idloes display lilies at Easter time in their churches. If you would like to "buy" a lily in remembrance of a loved one this Easter, please contact:  
St Llonio's – Lyn 01686 688159  
St Idloes – Sandra 01686 413165

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## The Church Office

If you need to visit the office, please ring Rev Alison or Rev Steve or a member of the Ministry Team to ensure it will be open.

**The Coach House (behind the Town Hall), Great Oak Street, Llanidloes, SY18 6BN Tel. 412132**

The Office email address is [broarwystli@outlook.com](mailto:broarwystli@outlook.com) and we are available on Facebook - Bro Arwystli  
Website: [www.broarwystli.churchinwales.org.uk](http://www.broarwystli.churchinwales.org.uk) or  
[www.broarwystli.eglwysyngnghymru.org.uk](http://www.broarwystli.eglwysyngnghymru.org.uk)

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*Want to help our finances without any extra cost to you? Try shopping through 'Easy Fundraising'!  
Booking a holiday? Click on to Easy Fundraising and raise money for your church through your purchases!*

*As easy as that!*

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Don't forget to use our Star Rewards card at Bradley's Texaco Garages.

Remember to ask to put your points on the Bro Arwystli - Church card!

## SERVICES

### MID WEEK SERVICES

**Tuesday morning Eucharist Service**  
at 10.00 am in St Idloes Church, Llanidloes.

**Sunday 3<sup>rd</sup> March** – United Service in Carno to celebrate St David's Day at 11am

**Monday 4<sup>th</sup> March** – World Day of Prayer Service at 2.00 pm in St Idloes Church Hall

### EASTER SERVICES

24<sup>th</sup> March – Palm Sunday – 11.00 am in St Idloes and St Gwhrai  
5.00 pm Evensong St Curigs

**Sunday 24<sup>th</sup> March** Rock Solid – 4pm to 5.30pm



### PRAYER GROUP

**Mondays at 2.00 pm** in Ministry Area Office  
**Contact:** Julia Schultz on 07387 822556

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**The Emergency Prayer Group is being reinvented. If you would like to join this valuable ministry please call Hilary on 07766284000 for more information.**

### BIBLE STUDY GROUP

**Thursday mornings at 10.30am** in Llanidloes Church Hall

### PRAYER BREAKFAST

**Saturday 16<sup>th</sup> March** at 9.00 am in St Idloes Church Hall

## AFTER SCHOOL GROUPS

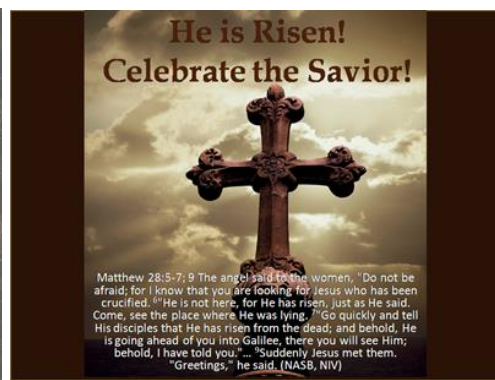
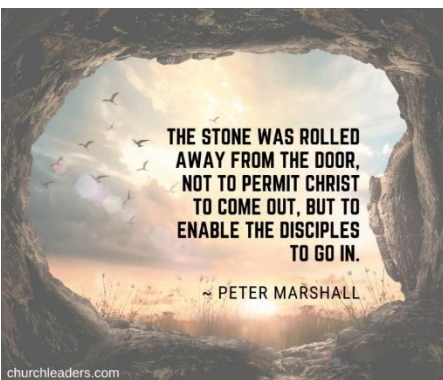
- **School's Out!** In St. Idloes Church Hall Llanidloes Every Friday night. 3.30-5.15 pm. For children age 5-10 years. All enquiries please ring Julia on 07387 822556
- **Spoons Youth club.** The Function Room, Llanidloes – Fridays, 3.30pm to 5.15pm. For 10 – 14 year olds. If you would like to find out more or would like to join us for a taster session please contact Debbie Peck our Pioneer Youth Worker on 07393 235 021 or email [deborahpeck@churchinwales.org.uk](mailto:deborahpeck@churchinwales.org.uk)



### Tadpoles

Christian fun for babies, preschool children, their parents and carers in Llanidloes Church Hall 10am to 11.30 am every Wednesday.

Contact Julia – 07387 82255



## SOCIAL

### FRIENDS TOGETHER

Wednesday 13<sup>th</sup> March, 2.00 to 3.30 pm.  
Contact: Christine on 420692 to book your place.



### CARNO

**Saturday 2<sup>nd</sup> March, 10.30am to 12.00 pm**  
**Tea and Toast or Soup and Pud** in the Community centre

### TREFEGLWYS

**Afternoon Tea – Tuesday 5<sup>th</sup> March 2.00 pm to 4.00 pm**

### LENT LUNCHES

**Llanidloes Churches Together (Cytun)**  
will be meeting for Lent Lunches, in St Idloes Church Hall on Friday, March 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>.  
**Starting at 12.30pm**

### BINGO NIGHT

on  
**Friday 22<sup>nd</sup> March**  
**Llangurig** community hall at 7.30pm, eyes down 8pm  
Cost £10, in aid of St Curig's

Find the words hidden in the grid:

E A S B B R P B N G D S  
P G M Y E R U L O O I A  
U O G D I N S I I O V I  
T N P S S R H L T D A N  
X C E A E O E I C F D T  
F N N T L N U E E R T P  
W Y S Y T M O S R N I A  
R A B B I T S H R D I T  
E S S O R C D A U A A R  
G M L A M B S R S Y S I  
E L C A R I M E E G F C  
G P R A Y E R S R O U K

Buns  
Cross  
Easter  
Eggs  
Good Friday  
Hares  
Holy  
Lambs  
Lent  
Lilies  
Miracle  
Palms  
Prayer  
Rabbits  
Resurrection  
Risen  
Saint David  
Saint Patrick  
Tomb

## LENT COURSE

“Undiscovered Lent” by Dr Peter Walker

A video-based course followed by discussion

When: **Tuesdays at 2pm** in Llandinam

Presbyterian Church School Room

and **Thursdays at 10.30am** in Llanidloes Church Hall

You are welcome to come for the whole course or just one session.

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### DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

Fast from hurting words and say kind words.  
Fast from sadness and be filled with gratitude.  
Fast from anger and be filled with patience.  
Fast from pessimism and be filled with hope.  
Fast from worries and have trust in God.  
Fast from complaints; contemplate simplicity.  
Fast from pressures and be prayerful.  
Fast from bitterness; fill your hearts with joy.  
Fast from selfishness and be compassionate.  
Fast from grudges and be reconciled.  
Fast from words; be silent and listen.

### THE LAST WORDS OF ST DAVID

Arglwyddi, frodyr a chwiorydd,

Lords, brothers and sisters,

byddwch lawen

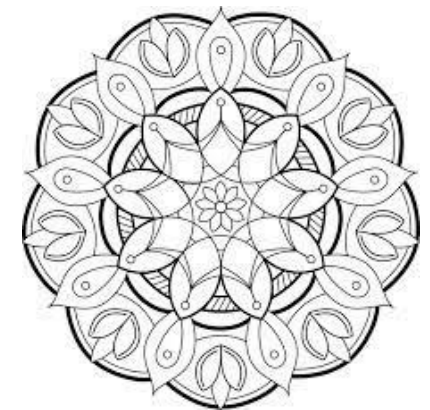
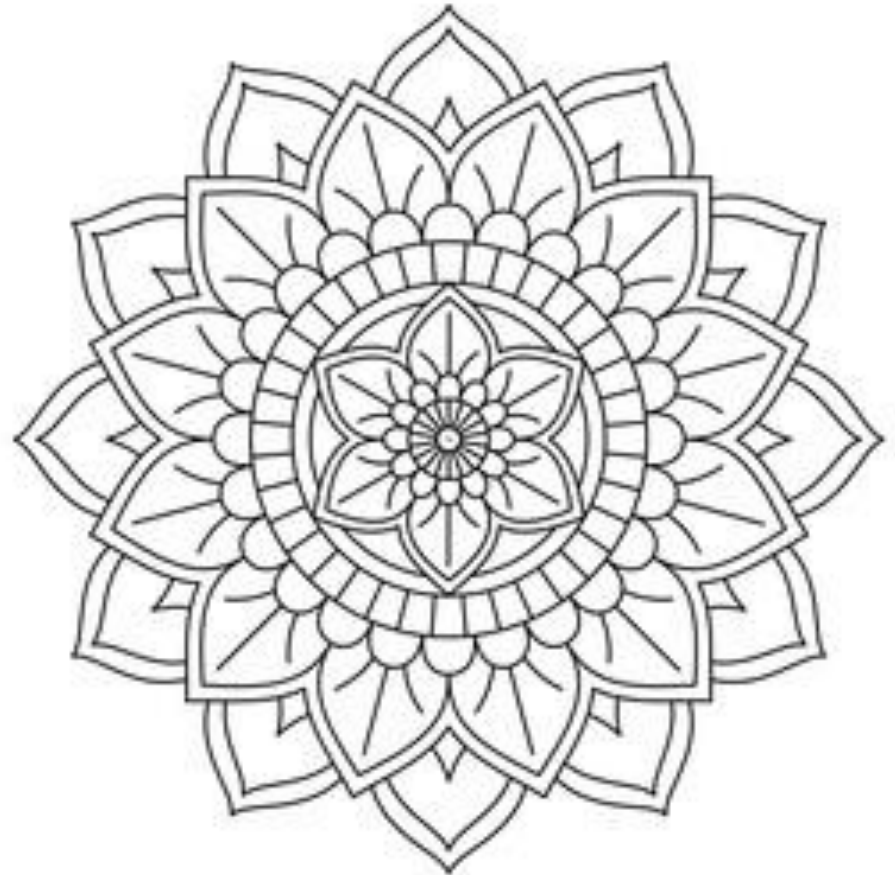
be joyful

a chedwch eich ffydd a'ch cred,

keep your faith and your creed

a gwnewch y pethau bychain a welsoch ac a glywsoch gennyf i'.

and do the little things that you have seen and heard me do.





## SERVICES IN HOLY WEEK

### Carno

Easter Day - 9.30 am Holy Communion

### Llandinam

Maundy Thursday – 6.00 pm Holy Communion and Vigil

Good Friday – 2.00 pm United Service in the Church

Easter Day – 11.00 am Holy Communion

### Llangurig

Good Friday – 2.30 pm

Easter Day – 11.00 am Holy Communion

### Llanidloes

Monday March 25th – 7.00 pm Compline

Tuesday March 26th – 10.00 am Holy Communion  
and 7.00 pm Compline

Wednesday March 27th – 7.00 pm Compline

Maundy Thursday 28<sup>th</sup> – 7.00 pm

Holy Communion and Prayer Vigil

Good Friday – 10.00 am CYTUN March of Witness  
followed by Service at 10.30 am in St Idloes Church

Easter Day – 11.00 am Holy Communion

### Llanwnnog

Good Friday in Caersws Presbyterian Church  
– 10.30 am CYTUN Service

St Gwynog's – 8.00 pm Service of Light & Vigil

Easter Day – 11.00 am Holy Communion

### Trefeglwys

Good Friday – 2.00 pm

Easter Day – 11.00 am Holy Communion

**Palm Sunday** We gather together to mark Jesus' triumphant entry into Jerusalem, cheered by the crowds.

**Holy Week** Each night during the week before Easter there will be a service in Llanidloes, and we invite you to set aside time to gather with us for a short service of Compline and Quiet reflection. (Compline is the name given to the last service of the day, meaning 'completion of the day')

**Maundy Thursday** is the day when we remember the last supper Jesus had with his friends, the night before he died. To share in the bread and wine, in the quiet of the evening, before we enter into the crucifixion on Good Friday is a memorable occasion. There will be an opportunity to remain in the quiet of the church in Llanidloes and Llandinam after the service, and watch and wait together as Jesus goes into the Garden of Gethsemane and awaits his arrest and trial.

**Good Friday** In the services on Good Friday we remember the sacrifice Jesus made for us, in dying on the cross. This is an opportunity to reflect on a love so vast that Jesus was prepared to give his life that we may be restored to God.

**Service of Light** Welcoming the first light of Easter and the renewal of Baptismal Promises.

**Easter Morning** Easter is a festival of light and resurrection! Come and join us as we celebrate that Jesus has broken the power of death and opened the way to eternal life!

