

CHURCH SERVICES IN THE MINISTRY AREA OF BRO ARWYSTLI IN FEBRUARY							
Date	Carno	Llandinam	Llangurig	Llanidloes	Llanwnnog	Penstrowed	Trefeglwys
4 <sup>th</sup> February 2 <sup>nd</sup> before Lent Creation Sunday	9.30 am FS Julia, Christoph	11.00 am HC Lynda	4.00 pm Evensong Beth	11.00 am FS Julia, Christoph	10.30 am Caersws Methodist		6.00 pm HC Lynda
11 <sup>th</sup> February Sunday before Lent Transfiguration Sunday	9.30 am HC Anthony		11.00 am HC Steve	11.00 am HC Alison	11.00 am HC Anthony		11.00 am HC Hilary
14 <sup>th</sup> February ASH WEDNESDAY		6.00 pm Alison	6.00 pm Beth	7.00 pm Steve	7.00 pm Peter		6.00 pm Anthony
18 <sup>th</sup> February Lent 1	9.30 am MW Alison	11.00 am Sung HC Alison		11.00 am HC Steve			11.00 am MW Lynda
25 <sup>th</sup> February Lent 2	9.30 am HC Alison		11.00 am HC Peter	11.00 am HC Anthony	11.00 am HC Alison	9.30 am HC Steve	11.00 am MW Steve
<p>Please note that services may be cancelled without much notice under the present circumstances.</p> <p>Key: HC – Holy Communion MP – Morning Praise</p>							



## ***Bro Arwystli Ministry Area***

### **FEBRUARY 2024**

#### ***Seven Churches – One Family***

St John's – Carno                      St Gwrhai's – Penstrowed  
 St Idloes' – Llanidloes              St Llonio's – Llandinam  
 St Curig's – Llangurig                St Michael's – Trefeglwys  
 St Gwynog's – Llanwnnog with Caersws

## Welcome to our February Newsletter

I know that Easter is quite early this year (Easter Day is 31<sup>st</sup> March 2024) but you'd have thought we'd get at least a bit of a break following Christmas before the supermarkets started to sell Easter Eggs! I suppose if they are doing it already, then I maybe I can be forgiven for bringing your attention to The Meaningful Chocolate Company (<https://meaningfulchocolate.co.uk/>). If you are thinking of buying Easter Eggs, then not only are their eggs made from Fairtrade chocolate, but they also come with a booklet that tells the proper Easter story. If we're going to succumb to the commercialism of Easter, at least let's make sure that our focus is on ethical standards and try to retain something of Easter's spiritual meaning. Let's make sure it's doesn't become all about cute fluffy chicks, chocolate, or mythical easter bunnies.

The problem with rushing headlong into Easter is that it skips straight over the important reflective and penitential period of Lent. Lasting for 40 days, Lent parallels Jesus' temptation in the wilderness; the time when he was repeatedly challenged and tested about how he was going to live his life of ministry. Lent is therefore a time for us also to reflect upon how we live our lives – a time of looking forwards as well as backwards. The sombre tone of the season is set by the solemn service of 'the imposition of ashes' on Ash Wednesday; a tone that is reflected in many churches by the tradition of not allowing any flowers or other decorations in church during this time. This is also why many churches don't say or sing the *gloria* during Lent.

The observant amongst you will have noticed that there are more than 40 days between Ash Wednesday (14<sup>th</sup> February) and Easter Day (31<sup>st</sup> March). That is because, strictly speaking, Sundays are not part of Lent. Every Sunday is a festival commemorating the Resurrection so ought not to be treated as a day of fasting (but try not to use that as an excuse for lapsing if you're struggling to stick to some form of self-imposed Lenten abstinence ☺).

Trying to abstain from things you enjoy has long been used as a tool for focussing the mind during Lent. So too has fasting - either in the form of skipping a meal, eating Lenten Lunches (frugal meals), or of consuming nothing but water between 6:00 am and 6:00 pm (sunrise and sunset in the Holy Land) for at least one day per week. The theory is that the discomfort of such abstinence serves as a constant reminder to be prayerful and reflective. Of course, fasting is not for everybody and can actually be dangerous with certain medical conditions. If you want to use fasting or cutting out chocolate (or whatever else drives your cravings) during Lent, then make sure that you do so safely but also be sure to use any cravings to prompt times of self-reflection and prayer. It's the time spent in prayer and reflection that that is really important.

For that reason, many people now take on something extra rather than cutting something out. They might commit to extra prayer time, extra Bible study, redoubling their efforts to buy Fairtrade goods, making extra effort to live ethically, or to committing do something that impacts upon the world's environmental concerns.

Whilst we can't promise to satisfy everybody, the range of activities we have planned for this Lent should help you to deepen your faith one way or another. We have prayer group meetings, a Bible studies, lots of special services, Lent Lunches, times of reflection and prayer, and a video-based discussion (the highly commended "Undiscovered Lent" by Dr Peter Walker) that will guide us through places and events of the final days of Jesus' journey to the cross. Whatever you do this Lent, I hope and pray that you will be able to reflect and pray about your journey with Jesus and that you will be truly blessed by it.

Yours in Christ, **Rev. Steve Leyland**

To arrange Baptisms, Weddings or for any other pastoral matters please contact:

The Revd Alison Gwalchmai  
Tel: 01686 689142 or 07789 860066  
e-mail: [alisongwalch@gmail.com](mailto:alisongwalch@gmail.com)

The Revd Steve Leyland  
Tel: 01686 245231  
e-mail: [revsteveleyland@gmail.com](mailto:revsteveleyland@gmail.com)

### MINISTRY TEAM:

Lauris Palshis  
Revd. Alan Chiplin  
Venerable Dr. Peter Pike  
Revd. Hilary Morgan  
Liz Green

Julia and Christoph Schultz  
Revd. Lynda Cowan  
Revd. Beth Weston  
Debbie Peck  
Fr Anthony Hirst

### MINISTRY AREA WARDENS:

Kevin Challinor 412308

### CHURCHWARDENS:

Carno:	Linda Rollin 420762	
Llandinam:	Jim Preston 688807	Linda Evans 688043
Llangurig:	Michael Dean 440280	Philip Taylor 07837 088215
Llanidloes:	Christine Bryant 420692	
Llanwnnog with Caersws	Carol Green 07773 032631	Helen Green 07787 807777
Penstrowed:	Rikki Renshaw 627448	Helen Orrells 07975 643731
Trefeglwys:	Philip Jerman 430237	Kevin Challinor 412308
<b>SAFEGUARDING OFFICER:</b>		
Beth Hughes	688484	dolerw@yahoo.co.uk

## LENT COURSE

“Undiscovered Lent” by Dr Peter Walker.

A video-based course followed by discussion.

When: **Tuesdays at 2pm**

Where: Presbyterian School Room, Llandinam

**Starting on February 20<sup>th</sup>**

You are welcome to come for the whole course or just for one session.

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The Church Office

We have taken the decision to “unplug” the office phone, so if you need to visit the office please ring Rev Alison or Rev Steve or a member of the Ministry Team to ensure that it will be open.

**The Coach House (behind the Town Hall), Great Oak Street, Llanidloes, SY18 6BN**

The Office email address is [broarwystli@outlook.com](mailto:broarwystli@outlook.com) and we are available on Facebook - Bro Arwystli  
Website: [www.broarwystli.churchinwales.org.uk](http://www.broarwystli.churchinwales.org.uk) or [www.broarwystli.eglwysyngnghymru.org.uk](http://www.broarwystli.eglwysyngnghymru.org.uk)

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*Want to help our finances without any extra cost to you? Try shopping through ‘Easy Fundraising’!  
Booking a holiday? Click on to Easy Fundraising and raise money for your church through your purchases!*

*As easy as that!*

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Don't forget to use our Star Rewards card at Bradley's Texaco Garages.

Remember to ask to put your points on the Bro Arwystli (Church) card!

## SERVICES

### MID WEEK SERVICES

**Tuesday morning Eucharist Service**  
at 10.00 am in St Idloes Church, Llanidloes.



### PRAYER GROUP

**Mondays at 2.00 pm** in Ministry Area Office  
**Contact:** Julia Schultz on 07387 822556

### BIBLE STUDY GROUP

**Thursday mornings at 10.30am** in Llanidloes Church Hall

### ASH WEDNESDAY, 14<sup>th</sup> FEBRUARY

Services will be held at:

Llandinam at 6.00 pm

Llangurig at 6.00 pm

Trefeglwys at 6.00 pm

Llanidloes at 7.00 pm

Llanwnog at 7.00 pm

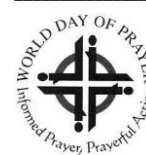
Remember that  
you are dust



And to dust you  
shall return

**Sunday 18<sup>th</sup> February**

**ROCK SOLID – 4.00 pm to 5.30 pm**



### WORLD DAY OF PRAYER

**Friday, 1<sup>st</sup> March at 2.00 pm**

In Llanidloes and Caersws

Caersws Presbyterian Church.

Llanidloes Church Hall, possibly on Monday 4<sup>th</sup> March.

**SUNDAY 3<sup>rd</sup> MARCH – 11.00 AM**

**UNITED SERVICE IN CARNO**

**to celebrate ST DAVID'S DAY**

## AFTER SCHOOL GROUPS

- **School's Out!** In St. Idloes Church Hall Llanidloes  
Every Friday night. 3.30-5.15 pm.  
For children age 5-10 years.  
All enquiries please ring Julia on 07387 822556
- **Spoons Youth club.** The Function Room, Llanidloes –  
Fridays, 3.30pm to 5.15pm.  
For 10 – 14 year olds. If you would like to find out more or  
would like to join us for a taster session please contact Debbie  
Peck our Pioneer Youth Worker on 07393 235 021 or email  
[deborahpeck@churchinwales.org.uk](mailto:deborahpeck@churchinwales.org.uk)

### Tadpoles



Christian fun for babies, preschool children, their  
parents and carers in Llanidloes Church Hall  
10am to 11.30 am every Wednesday.  
Contact Julia – 07387 82255

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**Sunday 11th February at 2.30 p.m.** in Caersws Village Hall  
**'VIKINGS ON THE MOVE',**

"We continue with the history of the Vikings that will now trace the  
short, but astonishing history of the Vikings between the 8<sup>th</sup> and the  
11<sup>th</sup> Century - a story of travel and discovery of Wales, England  
and Europe and what they left behind them"

**Sunday 25<sup>th</sup> February at 2.00 pm** in Caersws Village Hall  
**'THE BAYEUX TAPESTRY -  
AN HISTORIC AND ARTISTIC TREASURE.'**

Learn what the Bayeux Tapestry is, how it reflects Europe before  
1066 (the Battle of Hastings) and how the tapestry links into the  
story of the Vikings, part 1 and part 2.

by Michael Cheshire

raising funds for St Gwynog's Church, Llanwnnog.

Entry £5 to include tea and cake.

## MEETINGS

### Church Meetings:

**Thursday 1<sup>st</sup> February** – Llanidloes Cytun at 2.00 pm

**Friday 2<sup>nd</sup> February** – Penstrowed Church meeting at 7.00 pm

**Wednesday 7<sup>th</sup> February** – Trefeglwys at 7.00 pm

**Sunday 18<sup>th</sup> February** – Llandinam, after morning service

**Wednesday 21<sup>st</sup> February** – Llanwnnog at 2.00 pm

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### SOCIAL

#### FRIENDS TOGETHER



Wednesday 14<sup>th</sup> February, 2.00 to 3.30 pm.

Contact: Christine on 420692 to book your place.

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### CARNO



**Saturday 3rd February**, 10.30am to 12.00 pm  
**Soup and Pud** in the Community centre

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### TREFEGLWYS

**Afternoon Tea** – Tuesday 6<sup>th</sup> February 2.00 pm to 4.00 pm

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### LLANDINAM

#### Coffee Morning,



**Saturday, 17<sup>th</sup> February** 10.30 am-12.00 pm

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### LENT LUNCHESES

#### Llanidloes Churches Together (Cytun)

will be meeting for Lent Lunches, in St Idloes Church Hall  
on Friday February 16<sup>th</sup>, 23<sup>rd</sup>, March 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>.

**Starting at 12.30pm**

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### MESSY CHURCH

Caersws

on **Monday, 12<sup>th</sup> February**

at 2.00 pm

For all the family!

