## Week 17: Psalm 150

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#addewidagobaith #hopeandpromise

We live in an amazing world stop and think for a minute about something you want to praise God for today. Spend a few quiet moments thinking and thanking God for all those things that you have been recalling.

'Let everything that has breath praise the Lord. Praise the Lord. Amen' Psalm 150: 6. We have reached the end of the school year. What a very strange time it has been. We will all remember this time; it will be written about in history books.There will be films and stories told about how people lived during the coronavirus pandemic. We will share stories of our life during the lock-down. Sharing all the things we have missed but also thinking about all the things that we have enjoyed too.

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When times are hard it helps to remember what is good about our lives. Good things might be seeing a friend or someone in your family again. It might be being told you have done well. It could be that you feel good because you have helped someone.



O This week we are going to explore psalm 150. This psalm is the very last psalm written in the song book of the psalms. It is full of happiness and celebration and lots of noise! Sometimes when we are feeling happy it feels like a fizzy, bubbly feeling inside. This psalm is about that happy, joyful feeling. It is about all the good things in the world. It is about saying 'thank you to God'.



Thank you for everything in our world... from the flowers, to birds, to stars, to rainbows, to the wind and the rain. To thunderstorms and crashing ocean waves. This psalm is about saying thank you to God, for making us and the whole of this beautiful world.

Here is a film about the beauty of creation. https://youtu.be/zekotkJk4VA

## What are you most thankful for?





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